



# REAL WORLD CONNECTIONS

14 TO 17 YEARS

IT'S ABOUT WHAT YOU CAN DO!

Growing up is confusing! So we created the Real World Connections program to provide a safe setting for camaraderie, support, and positive guidance. Real World Connections is comprised of like-minded teens who meet together while learning to understand the complex social world.

Guys and gals gather weekly with trained staff members and volunteers to discuss life challenges. Together in their small group, they learn and practice social and communication skills, learning from each other as well as from the evidence-based iCan House social skills curriculum. As a trusted adult who is NOT their parent, facilitators are positive role models with whom to talk about tough issues.

Members often have anxiety and social challenges, and many are neurodiverse having ADHD, autism spectrum disorder, Asperger's, learning disabilities. However, a diagnosis is not required to attend and participate.

In addition to weekly club meetings, members can attend co-ed social activities for opportunities to enjoy age-appropriate social fun and practice the skills they are learning in group discussions.!

Before participating, the iCan House admissions and application process must be completed .

**For information on how to join**

**[info@icanhouse.org](mailto:info@icanhouse.org) (336) 723-0050**

Real World Connections is a unique social learning program for teens who want extra help figuring out the social world and the unspoken rules that come with being a teenager.

Groups of like-minded individuals meet each week to participate in activities using our evidence-based social skills curriculum. Trained staff facilitate group interactions creating peer-to-peer learning opportunities.

Through the club, members experience new social connections and make friends while learning and having fun!

## COVID Update

Programs are offered virtually and in-person. During in-person gatherings, masks are required and physical distancing is maintained. Masks may be removed while eating.